

Grief Resources for Parents/Caregivers

Local Resources

[BHPRSD Counseling Referral Services District Brochure](#)

[Highland Counseling Department](#)

[Timber Creek Counseling Department](#)

[Triton Counseling Department](#)

[Moorestown Visiting Nurse Association Grief Support Groups](#)

Websites for Talking with Your Child About Grief

- National Center for School Crisis and Bereavement
 - [After a Loved One Dies Parent Booklet](#)
- The Dougy Center: The National Center for Grieving Children & Families
 - [Developmental Responses to Grief](#)
 - [Talking with Children about Tragic Events](#)
 - [Tips for Grieving Teens](#)
- National Alliance for Grieving Children (NAGC)
 - [Frequently Asked Questions from Parents/Caregivers Raising Bereaved Children](#)
 - [10 Ways to Help a Grieving Child](#)
- Center for Loss and Life Transition
 - [Helping Teenagers Cope with Grief](#)
- Good Grief
 - [Resources and Virtual Support Groups for Grieving Families](#)
- Our House Grief Support Center
 - [Provides downloadable PDF grief support resources for all types of grievers](#)

Additional Resources for Younger Age Children

- Sesame Street Early Childhood Grief Resources
 - [Activities to Help Kids Grieve](#)
- KidLit TV - Read Aloud
 - [The Goodbye Book by Todd Parr](#) : A Children's Book About Grief and Loss

Other Valuable Information

- Child Mind Institute - Helping Children Cope with Grief - <https://childmind.org/>
 - [Helping Children Deal With Grief](#)
 - [How To Handle Holidays After a Death in the Family](#)
 - [Supporting Children After the Suicide of a Classmate](#)
 - [Coping With a Parent's Suicide](#)
 - [Talking to Kids About the Suicide of Someone Close to Them](#)
 - [Helping Children Cope with Frightening News](#)
- Cancer.org
 - [Children and Cancer](#)
- DOE website - Supporting the Emotional Well-being of students
 - <https://www.nj.gov/education/covid19/studentsfamilies/wellness.shtml>